

*Vegetarian option available daily
(Menu items contains one or More)*

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS
AND 1% White Milk or FF Chocolate Milk* (Allergen)

(MENU SUBJECT TO CHANGE)

New Life Academy of Excellence

March 2024 Lunch Menu



"A School Where Educating Is Our Number One Goal"

SUN	MON	TUE	WED	THU	FRI	SAT
					1 Cheeseburger Potato Wedges Fruit, Milk Vegetarian Burger (Dairy, Wheat) 23g Carb / 8.5g Sugar	2
3	4 Chicken Fajita Rice Bowl Broccoli Fruit, Milk Vegetarian Chicken Strips (Dairy, Wheat, Soy) 51.1g Carb / 0g Sugar	5 Nacho w. Turkey Black Beans Fruit, Milk Vegetarian Crumbles (Dairy, Wheat, Soy) 23g Carb / 3g Sugar	<div> 6 <u>early release, lunch @ 10:30</u> Turkey Deli Sub Celery Sticks w. Ranch Fruit, Milk Vegetarian Chicken (Dairy, Wheat, Soy) 25g Carb / 8g Sugar </div>	<div> 7 <u>early release, lunch @ 10:30</u> Chicken Gyro on Pita Bread Carrots Fruit, Milk Vegetarian Chicken Strips (Dairy, Wheat, Soy) 33g Carb / 6g Sugar </div>	8 Corn Dog Potatoes Fruit, Milk Vegetarian Corn Dog (Dairy, Wheat, Soy) 19g Carb / 8g Sugar	9
10	11 Sweet and Sour Meatballs Noodles, Green Beans Fruit, Milk Vegetarian Meatballs (Dairy, Wheat) 51g Carb / 5g Sugar	12 Baked Spaghetti w. Cheese Rolls, Peas & Carrots Fruit, Milk Vegetarian Spaghetti (Dairy, Wheat, Soy) 34.2g Carb / 1.2g Sugar	13 Chicken Sandwich Green Salad Fruit, Milk Vegetarian Chicken (Dairy, Wheat, Soy) 19g Carb / 5g Sugar	14 Orange Chicken w. Rice Navy Beans Fruit, Milk Vegetarian Chicken (Dairy, Wheat, Soy) 8g Carb / 6g Sugar	15  Digital Learning Day	16
17	18 Chicken Nuggets Green Beans, Rolls Fruit, Milk Vegetarian Nuggets (Dairy, Soy, Wheat) 8g Carb / 5g Sugar	19 Nacho w. Turkey Black Beans Fruit, Milk Vegetarian Crumbles (Dairy, Wheat, Soy) 25g Carb / 3g Sugar	20 Turkey Deli Sub, Celery Sticks w. Ranch Fruit, Milk Vegetarian Chicken (Dairy, Wheat, Soy) 25g Carb / 8g Sugar	21 Chicken Gyro on Pita Bread Cucumber Sauce, Carrots Fruit, Milk Vegetarian Chicken Strips (Dairy, Wheat, Soy) 33g Carb / 6g Sugar	22 Corn Dog Potatoes Fruit, Milk Vegetarian Corn Dog (Dairy, Wheat, Soy) 19g Carb / 8g Sugar	23
24	25 Chicken Fajita Rice Bowl Broccoli Fruit, Milk Vegetarian Chicken Strips (Dairy, Wheat) 51.1g Carb / 0g Sugar	26 Baked Spaghetti w. Cheese Rolls, Peas & Carrots Fruit, Milk Vegetarian Spaghetti (Dairy, Wheat, Soy) 34.2g Carb / 1.2g Sugar	27 Turkey Deli Sub Celery Stick w. Ranch Fruit, Milk Vegetarian Chicken (Dairy, Wheat, Soy) 25g Carb / 8g Sugar	28 Orange Chicken w. Rice Navy Beans Fruit, Milk Vegetarian Chicken (Dairy, Wheat, Soy) 8g Carb / 6g Sugar	29 Cheeseburger Potato Wedges Fruit, Milk Vegetarian Burger (Dairy, Wheat) 23g Carb / 8.5g Sugar	30

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